

TEAM BUILDING TRAINING

Elevate your team's performance and synergy with our one-day Team Building Training. Our interactive workshops, practical activities, and expert facilitation will equip your team with the skills to communicate effectively, resolve conflicts, and collaborate seamlessly. Your team will be well-prepared to set and achieve goals, lead effectively, and maintain a culture of trust and continuous improvement.

TRAINING COURSE CONTENT

- Understanding Team Dynamics
- Communication and Conflict Resolution
- Building Trust and Collaboration
- Problem-Solving and Decision-Making:
- Leadership and Motivation
- Goal Setting and Action Planning
- Feedback and Continuous Improvement

TRAINING METHODOLOGY

- Interactive and participatory
- Group discussions and team-building exercises
- Role-playing and simulations
- Case studies and real-world examples
- Reflection and feedback sessions
- Continuous assessment and improvement

TRAINING DELIVERABLES

- Improved team communication and collaboration.
- Enhanced problem-solving and decision-making abilities.
- Increased leadership and motivation skills.
- Clear team goals and action plans.
- Strategies for constructive conflict resolution.
- A culture of trust, feedback, and continuous improvement.
- A more cohesive and effective team.

TEAM WORK



OBJECTIVES

- Enhance participants' understanding of team dynamics and their individual roles.
- Improve communication skills and the ability to resolve conflicts constructively.
- Build trust and collaboration within the team.
- Equip participants with problem-solving and decision-making skills.
- Identify and nurture leadership qualities among team members.
- Set clear goals and develop action plans for achieving them.
- Promote a culture of feedback and continuous improvement.

DURATION OF TRAINING ONE MAN DAYS



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Management Solutions



**63, Ishan Park Society, Atak-Pardi,
Valsad - 396007**



sales@mygreendot.co.in



www.mygreendot.co.in



+91 8141042060